

Child & Family

Caring for our Rhode Island Community since 1866

Greetings Friends of Child & Family,

Fiscal Year 2023 was an important year for Child & Family and the communities we serve throughout Rhode Island. Just the sheer numbers of seniors, youth and families served tell an important story. It was also the third year since the pandemic turned lives upside down, revealed a peculating mental health crisis, and stressed our workforce to their limits. Child & Family's Board of Directors, executive leadership team, and staff have partnered throughout the pandemic and ensuing workforce crisis, to strengthen our organizational capacity and continually improve outcomes for those we serve. Despite a waitlist of referrals in all programs, the workforce crisis in the first three quarters of fiscal year 2023 did result in a drop in utilization and operational losses. The Board of Directors chose a strategy of investing in recruitment, training, and manageable caseloads. That strategy has worked on retaining staff and increasing program utilization. The full context of supporting our dedicated and talented staff, however, is far from complete. Unfortunately, it took the pandemic and ongoing mental health crisis but state government in Rhode Island has finally recognized that contractual rates must be increased if the safety net provided by community organizations such as Child & Family is to be sustained. In the coming year the Board of Directors and executive leadership team is implementing a strategy of strengthening the capacity of staff, expanding evidenced-based programs, and meeting the changing needs of the communities we serve.

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ABOUT CHILD & FAMILY, Est. 1866

Child & Family supports resilient families, vulnerable children, and elders throughout Rhode Island. Family Preservation is an important goal of every program and service we provide.

We believe that individuals and communities thrive when supported by strong families, and that a community works best when it accepts responsibility for all of its members.

As one of the largest social service agencies in RI, we operate community engagement centers in Providence and Middletown. Our home-based and community-based programs bring services to individuals and families across RI.



CHILD & FAMILY PROGRAMS

- CASE MANAGEMENT FOR AGING WELL CLIENTS
- FAMILY CARE COMMUNITY PARTNERSHIP (FCCP)
- FAMILY CENTERED TREATMENT (FCT)
- FAMILY STABILIZATION PROGRAM (FSP)
- FOSTER CARE
- FUNCTIONAL FAMILY THERAPY (FFT)
- INDEPENDENT LIVING PROGRAM FOR YOUNG ADULTS
- IN-HOME BEHAVIORAL HEALTH COUNSELING FOR ELDERLY
- MEDICARE / MEDICAID ENROLLMENT COUNSELING
- SANDPIPERS EARLY LEARNING CENTER
- SEMI-INDEPENDENT LIVING PROGRAM FOR TEENS
- SUPPORTIVE HOUSING FOR HOMELESS FAMILIES
- VICTIMS OF CRIME ACT (VOCA) PROGRAMS
- VOLUNTEER & INTERN PROGRAMS

31 John Clarke Road, Middletown, RI 02842 T | (401) 849-2300

1268 Eddy Street, Providence, RI 02905 T | (401) 781-3669

childandfamilyri.org

FY23: July 1, 2022 - June 30, 2023

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FY 23 AT A GLANCE FISCAL REPORT

Prepared by management; subject to audit.

FY 23 Total Revenue and Support:

Operating Revenue	\$8,563,820
Employee Retention Credits (and related interest)	\$ 144,800 ***
Gain on Investment Portfolio	\$ 891,283
	<hr/>
	\$9,599,903

FY 23 Operating Expenses:

Wages & Benefits	\$ 7,118,056
Occupancy Costs	\$ 913,788
Program Expenses	\$ 645,857
Depreciation & Amortization	\$ 398,437
Interest Expense	\$ 274,022
Contracted Services	\$ 169,870
Other Administrative Expenses	\$ 642,776
	<hr/>
	\$10,162,807

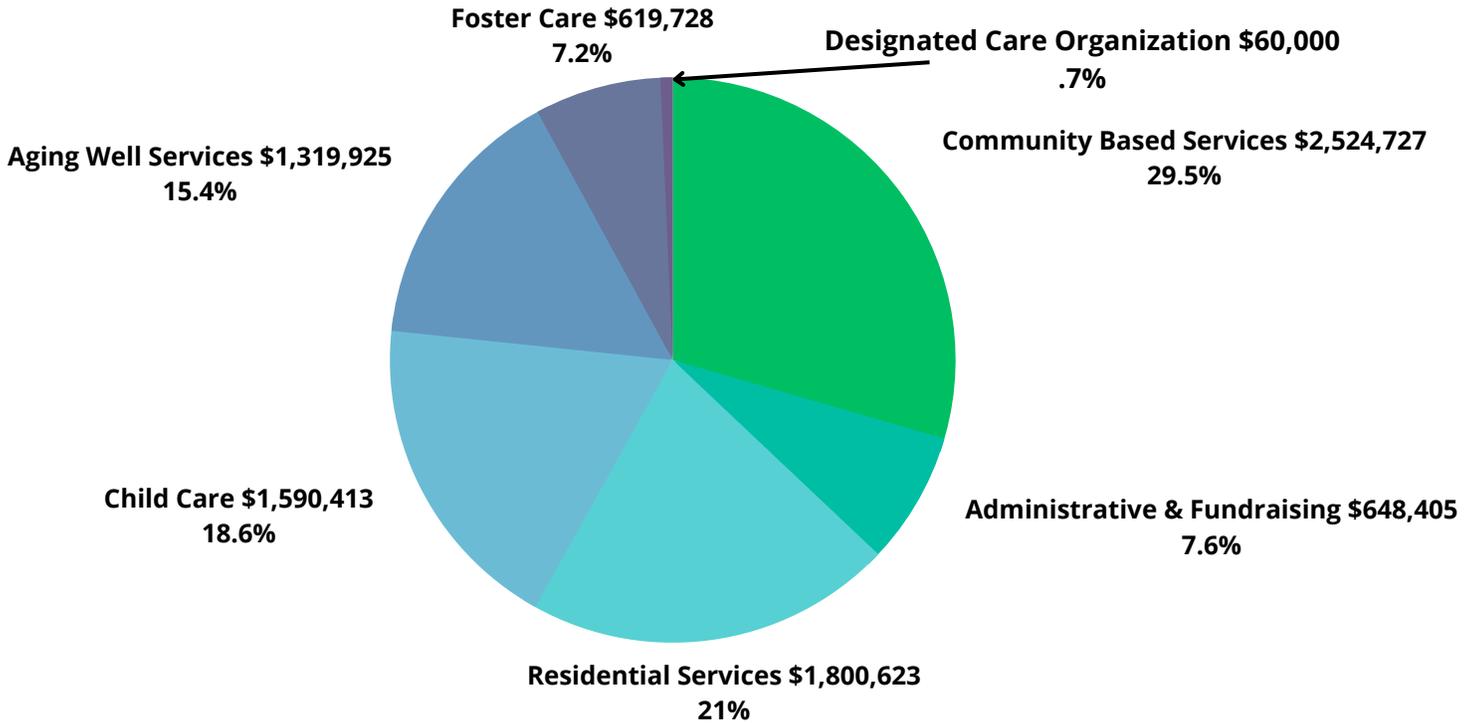
FY 23 Change in Net Assets **(\$562,904)**

*** *** Employee Retention Credits and related interest earnings are one-time revenue additions for FY 23 due to Governmental Funding Relief**

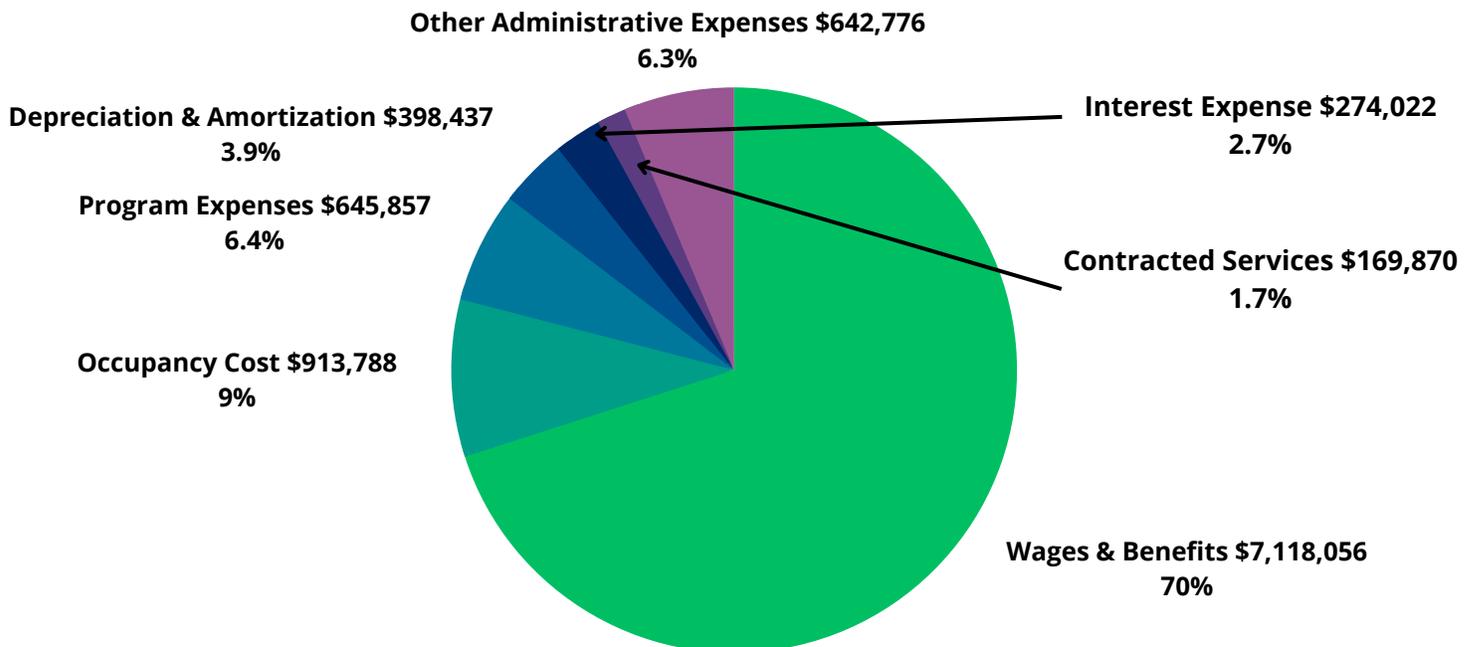
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FY 23 Operating Revenue by Program \$8,563,820



FY 23 Operating Expenses: \$10,162,807



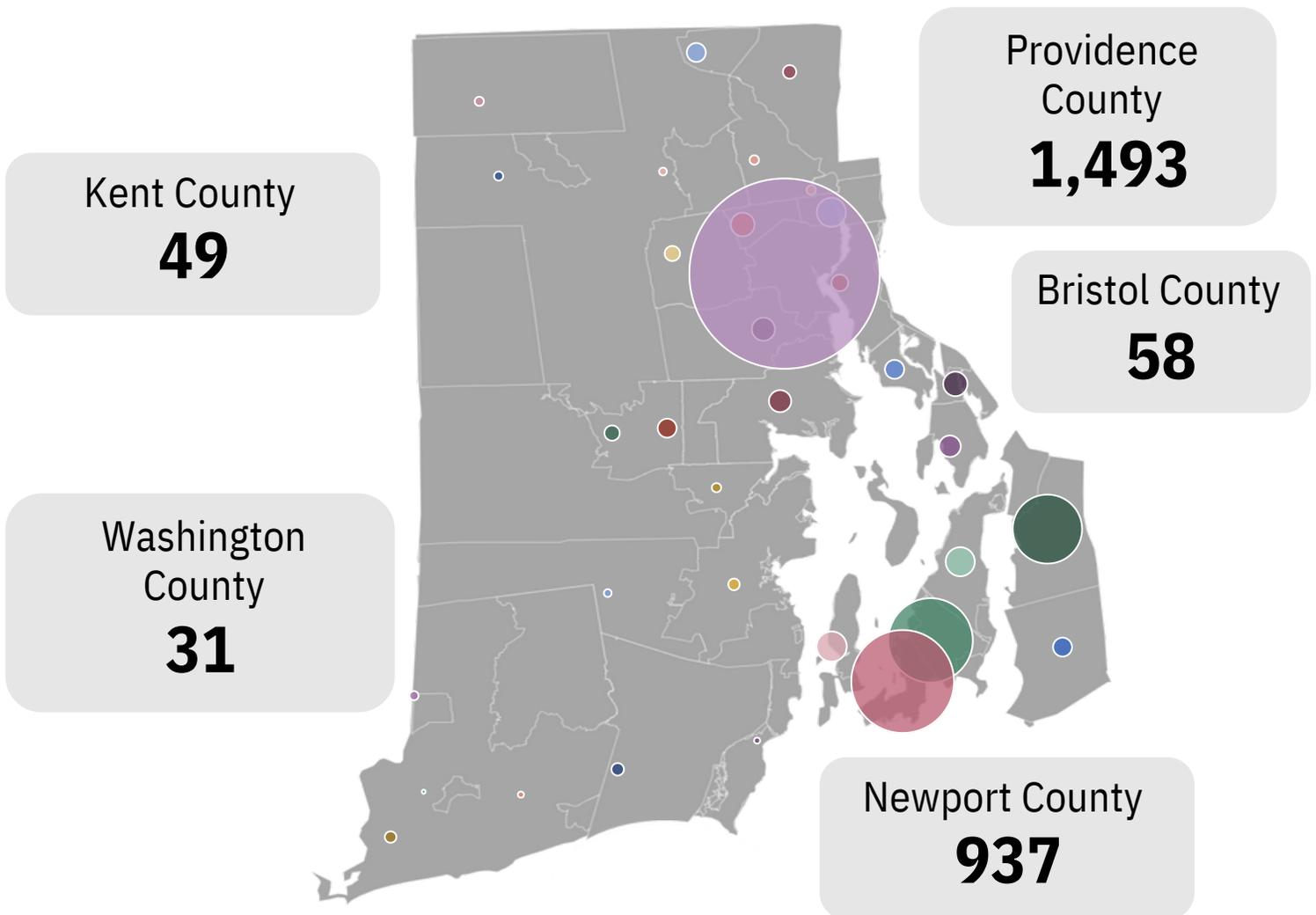
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Agency Data Summary FY23

Child & Family Clients by City/Town & County

Total FY23 Clients:





Family Preservation Programs

The four Family Preservation programs provide in-home services to help families stabilize and thrive together. By assisting families with children at risk for instability, removal from the home, involvement with juvenile justice, or externalizing behaviors, Family Preservation upholds one of Child & Family's core beliefs: individuals and communities thrive when supported by strong families.

433

families participated in a Family Preservation program

- 100% of Family Care Community Partnership families reported overall satisfaction with the program and likelihood to recommend it to others in need of services.
- 85% of Family Centered Treatment families reported improvement in family function after completing the program. 100% of FCT families would recommend the program to others.
- 91% of Family Stabilization families remained unified at home at the end of services.
- 72% of Functional Family Therapy clients saw stabilization of the problems leading to their referral, and 81% remained home in their communities at discharge.



Specialized Foster Care

Child & Family's Foster Care programs helps to place foster youth in stable, loving homes and provides foster families with the support and resources they need for success. All youth, including those with complex emotional, behavioral, or medical needs, are accommodated according to their own permanency goals.

- 59 youth were in Child & Family foster homes during FY23, including 33 newly placed.
- There were 27 active and licensed foster homes throughout the year.
- 23 foster homes had at least one child placed during the fiscal year.
- 44% of homes were multilingual, helping C&F to place Spanish-speaking foster youth.

16 youth were reunified with their families

3 were adopted or entered guardianship

6 were placed in kinship care with extended family

6 transitioned into an Independent Living program

89%

discharged in alignment with their permanency goals



Semi-Independent and Independent Living

Both the facility-based Semi-Independent Living program and community-based Independent Living program emphasize independence, encourage community engagement, and promote life-long natural support and connections. Teens and young adults receive life skills assistance and support in education and employment.

Semi-Independent Living

- 18 youth served in FY23
- 13 youth discharged in FY23
- Average time in program before discharge: 5.2 months
- 6 youth successfully moved on to an Independent Living program

Independent Living

- 21 youth served in FY23
- 9 youth discharged in FY23
- Average time in the program before discharge: 20.0 months
- 8 out of 9 discharged youth moved to a lower level of care



Supportive Housing

Child & Family's Supportive Housing program leases eight residences in Newport, RI to temporarily house mothers and their children who are experiencing homelessness. Within two years, the program prepares and assists them to secure permanent housing.

- 8 households, including 8 mothers and 19 children, resided in the apartments in FY23.
- All 8 apartments were occupied throughout the entirety of the fiscal year.
- All surveyed clients reported overall satisfaction with the assistance they received and felt that their needs were being addressed and met.

7 out of 8

families participated
in other
Child & Family
programs

5 families

received wraparound
services from our Family
Care Community
Partnership program

100%

of clients reported
the program had a
positive impact on
their outlook



Child Care: Sandpipers Early Learning Center

Child & Family's Middletown community center also houses Sandpipers, a full-time early childhood education facility nurturing children from ages 6 weeks to 5 years. Sandpipers was the first local center to receive a four out of five star rating by Rhode Island's BrightStars rating system. The center is committed to providing children and families with the highest quality early care and education experiences.

127

children were enrolled at Sandpipers in FY23

100%

of Sandpipers parents would recommend the center to others

38%

Sandpipers students stay at the center for 2+ years

- Sandpipers is licensed to provide KIDS CONNECT behavioral health support to preschool children enrolled in Medicaid. Additional dedicated staff members provide therapeutic services in the classroom setting so children have the opportunity to fully participate while developing communication, interaction, and self-regulation skills.
 - In FY23, 15 preschool children were enrolled in KIDS CONNECT.



Aging Well Services

Child & Family's Aging Well department encompasses a wide range of services for aging adults across eleven programs. These services include case management for low-income adults aging in place and those in assisted living communities, assistance during Medicare open enrollment, behavioral health support, and protective services assessments.

- **1,900** seniors receiving community-based case management at home or in assisted living who need home care support or crisis intervention
- **75** received supportive mental and behavioral support case management through partnerships with Newport Mental Health and The Rhode Island Foundation
- **96%** of case management clients reported that the services provided addressed and met their needs and helped them better their situation



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THANK YOU TO OUR GENEROUS CHILD & FAMILY DONORS

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RI Department of Public Safety (VOCA)
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 Blackstone Caterers
 Body Matters Day Spa
 Brick Alley Pub & Restaurant
 CK Bradley
 Exquisite Events
 Forty 1 North
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 Horizon Beverage
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 MS Walker of Rhode Island
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 Newport Helicopters Tours
 Newport Hotel Group
 Newport Marriott
 Newport Vineyards
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