## Child&Family

Caring for our Rhode Island Community since 1866

## **Annual Report**

FY 2024

A private, nonprofit organization working every day to help the most vulnerable children, families, and seniors across Rhode Island since 1866.

Our mission is to strengthen individuals, families, and the communities in which they live by identifying needs and utilizing best practices.



### Greetings, Friends of Child & Family,

hank you for your continued support and leadership as we fulfill our mission in sharing the belief that our community thrives when all our members can lead safe and productive lives. The wide range of programs that have evolved over our 158-year history reflect our commitment to this community.

Our continuum of programs includes early childhood education, evidence-based family preservation programs, and prevention supports so families can build resiliency. Supportive Housing for families who are homeless, foster care, adoption, residential treatment for older youth, independent living programs for youth aging out of the child welfare system, support to pregnant and parenting teens, case management support for intellectually and developmentally disabled (IDD) adults and a wide range of support for low-income seniors round out our programs.

Child & Family has a broad and ambitious continuum of services made possible by your support.

The Board of Directors and staff of Child & Family share a strong culture and set of values predicated on transparency, a focus on outcomes and impact, and relentless advocacy for our clients for policy improvement. Our approach to how we build and strengthen that culture is incredibly intentional. Over the past year we have demonstrated that innovation by growing and expanding on new and existing programs to meet the needs of our community.

Here are a few examples of how we tailor our approach to meet the unique needs of those we serve:

- Partnered with the Rhode Island Department of Education to open two new PreK classrooms at Sandpipers
- Expanded our independent living programs for up to 30 young adults
- Expanded our evidence-based programs to include working with youth abusing substances youth and their parents, as well as youth who are gang involved
- Developed a new program providing case management to intellectually and developmentally disabled adults (IDD)

## Ch**⊀**ld&Family

Caring for our Rhode Island Community since 1866

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These innovations would only have occurred with our commitment to reviewing new approaches to current and developing challenges. Whether you are a funder, donor, foundation, corporate sponsor, or a community member who shares our mission, thank you for your partnership this past year. We look forward to continuing to improve the lives of our community with your support.

With Gratitude, Marty Sinnott President & CEO

Jess Kennedy Board Chair

## **About Child & Family**

Our mission is to strengthen individuals, families, and the communities in which they live by identifying needs and utilizing best practices

Since 1866, Child & Family has been supporting Rhode Island's most vulnerable children, families, and senior citizens. We believe that individuals and communities thrive when they are supported by a community that accepts responsibility for all its members.

As one of Rhode Island's most prominent social service agencies, we operate community engagement centers in Providence and Middletown. Our home-based and community-based programs serve individuals and families across the Ocean State.

#### **CHILD & FAMILY PROGRAMS**

- CASE MANAGEMENT FOR AGING WELL CLIENTS
- FAMILY CARE COMMUNITY PARTNERSHIP (FCCP)
- FAMILY-CENTERED TREATMENT (FCT)
- FAMILY STABILIZATION PROGRAM (FSP)
- FOSTER CARE FUNCTIONAL FAMILY THERAPY (FFT)
- INDEPENDENT LIVING PROGRAM FOR YOUNG ADULTS
- MEDICARE / MEDICAID ENROLLMENT COUNSELING

- SANDPIPERS EARLY LEARNING CENTER
- SEMI-INDEPENDENT LIVING PROGRAM FOR TEENS
- SUPPORTIVE HOUSING FOR HOMELESS FAMILIES
- VICTIMS OF CRIME ACT (VOCA) PROGRAMS
- VOLUNTEER & INTERN PROGRAM

### **FY 24 AT A GLANCE FISCAL REPORT**

Prepared by management; subject to audit.

#### FY 24 Total Revenue and Support:

Operating Revenue	\$ 9,827,536
Gain on Sale of Property	\$ 1,255,763
Gain on Investment Portfolio	\$ 915,432
	\$ 11.998.731

### FY 24 Operating Expenses:

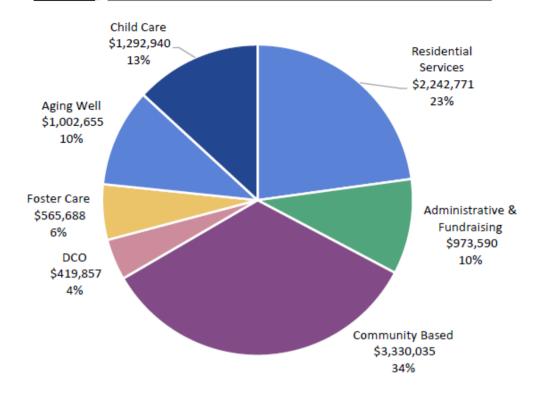
Wages & Benefits	\$ 7,145,701
Occupancy Costs	\$ 886,735
Program Expenses	\$ 1,131,590
Depreciation & Amortization	\$ 414,168
Interest Expense	\$ 31,009
Contracted Services	\$ 154,833
Other Administrative Expenses	\$ 910,349
	\$ 10,674,385

#### FY 24 Change in Net Assets

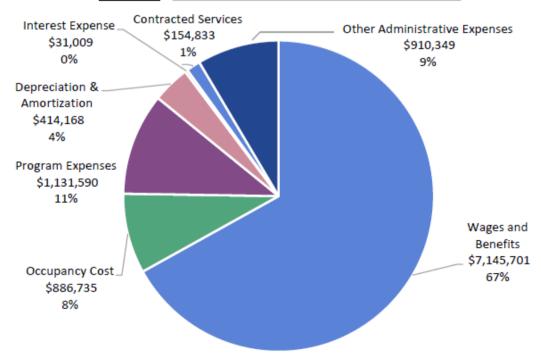
\$ 1,324,346

Due to gain on the sale of property and the reduction in refinanced bond debt

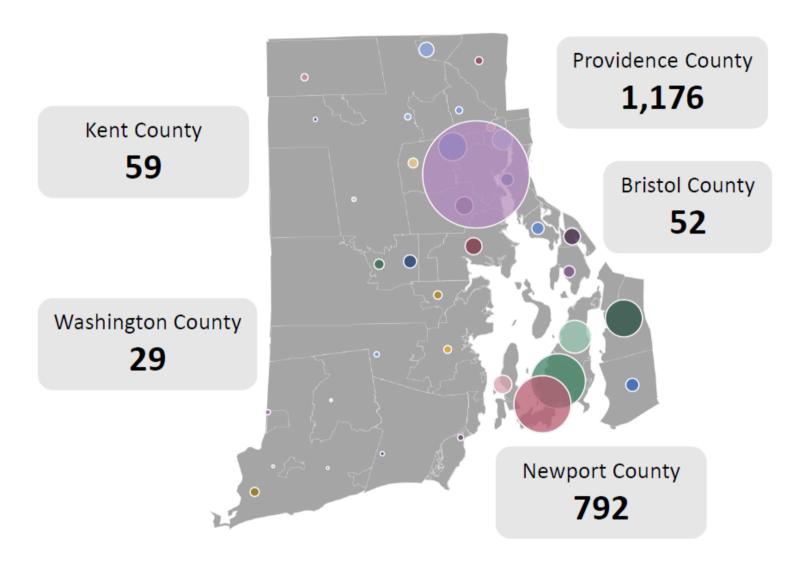
FY 24 Operating Revenue by Program \$9,827,536



FY24 Operating Expenses: \$10,674,385



## Child & Family Clients by City/Town & County Total FY24 Clients: 2,108



# **Community Based Family Preservation Programs**

Child & Family's six Family Preservation programs provide in-home services to help families stabilize and thrive. These programs appreciate that all families are unique, and cultural and ethnic values are viewed and respected.

**FSP** (Family Stabilization Program) is a compassionate family-centered model that uses evidence-informed practices to support families in identifying and achieving their goals. The model works to create positive change with wrap-around services to support and build strong families.

**FSP-K\*** (Family Stabilization Program Foster/ Kinship) recognizes that people fostering minor youth face a unique circumstances. The FSP-K team focuses on a family-centered model that uses evidence-informed practices to support foster children and families in a foster or kinship care arrangement.

**FCT** (Family Centered Treatment) is an evidence-based treatment program that delivers simple, practical, and common-sense solutions for families at risk of out-of-home placement. This model has been proven to keep families together using our wide range of interventions.

**FCT-R\*** (Family Centered Treatment Recovery) is based on the same model as FCT, delivering simple, practical, and common-sense solutions for families experiencing substance abuse.

**FFT** (Functional Family Therapy) at Child & Family is an intensive, short-term, family-based prevention program focusing on family strengths for adolescents and their families. FFT builds positive interactions within the family and community.

**FCCP** (Family Care Community Partnership) is a free preventative program serving the East Bay that brings together community-based service providers, family members, and friends to build a stronger, brighter future for families. FCCP provides wraparound services to assist families with a variety of issues and basic living needs.

<sup>\*</sup>Indicates new program in FY 2024

### 291 families participated in a community-based program

- 85% of Family Centered Treatment families reported improvement in family function after completing the program
- Family Centered Treatment began offering FCT-Recovery services, supporting eight families with one or more family members in substance use recovery
- 92% of Family Stabilization families moved to a lower or similar level of care at the end of treatment
- 75% of Functional Family Therapy clients saw stabilization of the problems leading to their referral, and 90% remained home in their communities at discharge
- Functional Family Therapy began offering FFT-Gang services to support youth at risk of gang involvement, serving 19 families

## 275 families received FCCP wraparound services in FY2024

- 81% of families reached their individual treatment goals by the time they left the program
- 23 families experiencing homelessness received temporary accommodations
- 120 families were referred to FCCP by the community, including schools, social service providers, doctors, and law enforcement agencies
- 69 families reached out to FCCP themselves to start services

## **Housing**

#### **Enhanced Semi-Independent (ESILP)**

Our enhanced semi-independent living program serves youth ages 16-20 and promotes self-sufficiency, community engagement, and building lifelong connections. Studies show that youth who have at least one supportive adult in their lives whom they can lean on for advice and guidance lead to better outcomes for the youth. To support these outcomes, teens and young adults receive life skills coaching, psychoeducation around various factors impacting mental health, and support in medical/mental health, education and employment. The goal of the program is to provide youth with the support needed to heal, grow, and thrive as they enter into adulthood.

#### **Independent Living**

Similar to our ESILP, our Independent Living program promotes self-sufficiency and life skills building. Each youth is placed in their own apartment and assigned a Youth Support Specialist who supports the youth in working toward their goals. The youth also have access to a life skills coach and a clinician to augment the support provided by the program. An emphasis is placed on learning to maintain a safe living location while managing priorities such as employment, education, medical/mental health appointments, and various community activities. Youth and young adults are able to remain in the program up to age 21 with the goal of living independently and manage "adulting" on their own.

#### **Independent Living for Pregnant & Parenting Teens**

Our independent living program for pregnant and parenting teens offers teens who are currently pregnant, parenting, or both an opportunity to learn independent living skills while also navigating the challenges of being a young parent. Psychoeducation is provided to the parents regarding safety practices in the home, particularly for infants, toddlers, and children. Parents and their children are placed in apartments sizeable enough to accommodate the entire family. In addition, safety items such as baby gates and cabinet locks are provided to increase safety for the children. Parents are connected with community resources such as SNAP, WIC, and nursing/parenting programs to ensure they have the resources needed to maintain a safe and stable environment for them and their child(ren).

#### **Supportive Housing**

Child & Family offers a supportive housing program that addresses the multiple stressors families face that lead to their ultimate housing displacement. The supportive housing program is a transitional housing program that helps families overcome barriers to securing permanent housing. These barriers include securing employment, completing educational goals, navigating legal issues, increasing parenting skills, financial literacy, and more. Families live in individual apartments in the community and form their own sense of community by participating in parent support groups and social activities hosted by the program. Over 75% of our families are successful at securing permanent housing by the time they exit the program.

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## Leased eight residents to temporarily house mothers and their children who are experiencing homelessness

- Ten families, including 10 mothers and 24 children resided in the apartments in FY2024
- Seven families transitioned out of Supportive Housing to secure permanent or temporary housing
- Two new families moved into apartments towards the end of the fiscal year
- Seven out of 10 families participated in other Child & Family programs
- Five families received wraparound services from our Family Care Community
   Partnership program
- 100% of our clients received support with employment and or education

## Teens and young adults receiving life skills assistance and support in education and employment

#### **Semi Independent Living**

- Served 10 youth in FY2024
- Discharged four youth in FY2024
- Average time on the program before discharge: nine months
- Three youth moved on to an Independent Living program
- · One youth moved into a foster home

#### **Independent Living**

- Served 19 youth in FY2024
- Discharged eight youth in FY2024
- Average time in the program before discharge was 18 months
- All discharged youth moved to a home-based lower level of care
- · Nine youth were pregnant or had children at home with them

### **Treatment Foster Care**

### A partnership in parenting

Treatment Foster Care is a comprehensive model of foster care that provides enhanced services and support in a structured family environment. Child & Family works with natural supports, foster families, and birth families to enhance outcomes. The goal of our Treatment Foster Care program is to establish permanency through reunification, guardianship, adoption, or independent living.

Our team provides specialized training to support parents in providing trauma informed care to our youth and families with 24/7 monitoring and crisis management support.

## 86% of youth in our care were discharged in alignment with their permanency goals



"Absolutely could not have navigated the foster care system without Child & Family. I don't know how people are doing this without these supportive services. Our case manager was ALWAYS on the side of the children and the entire team at C&F advocated for them when no one else would. Because of the support of Child & Family we were able to adopt our two children in March of 2022 and we are forever grateful to those at Child & Family."



- Fifty-two youth were in Child & Family foster homes during FY24, including 27 newly placed
- There were 27 active and licensed foster homes throughout the year
- Twenty-one foster homes had at least one child placed during the fiscal year
- There were three new foster homes opened during the year with two more about to open
- Seventy-six families were provided with information about becoming a foster parent
- 40% of homes were multilingual, helping C&F place Spanish-speaking foster you
- Eleven youth were reunified with their families
- One youth entered a pre-adoptive placement
- Eight youth were placed in kinship care with extended family
- Two youth transitioned into an Independent Living program

### Circle of Parents®

A parent-focused, parent-led support group for caregivers throughout Rhode Island to support each other to build strong and safe families where children can thrive.

- A total of 439 sessions occurred throughout the state in FY2024
- Circle of Parents® groups were hosted in 16 locations in partnership with several service providers
- One-hundred-forty-eight parents joined their first Circle of Parents® group in FY2024

## **Sandpipers Early Learning**

"Play gives children a chance to practice what they are learning"

Fred Rogers

Sandpipers Early Learning Center is located in the Child & Family Middletown community center. The full-time childcare center enrolls children between the ages of six weeks and five years. It is licensed to provide Kids Connect behavioral health support to preschooler's enrolled in Medicaid. In late FY 2024, Sandpipers at Child & Family contracted with the Rhode Island Department of Education to open two new state pre-k classrooms providing free early education to Aquidneck Island families.

The total development of each child (emotional, social, cognitive and physical) is supported through warm, nurturing relationships between the family, teacher and child as well as a stimulating environment that helps cultivate a positive self-image.

One-hundred-twenty-six children were enrolled in Sandpipers in FY2024 Forty-six new families were enrolled at Sandpipers during FY2024 45% of students stay at the center for more than one year

## **Aging Well**

#### Striving to maintain the independence of our clients

Child & Family's Aging Well department approaches our clients with an individualized, person-centered, holistic philosophy. We aim to orchestrate services to ensure clients have adequate resources within their community.

In collaboration with state agencies throughout Rhode Island, we provide person-centered case management, caregiver support, and connection to state & federal resources to participants who are eligible for At Home Cost Share or Medicaid Long Term Supports and Services for elders 65+ and adults with intellectual or developmental disabilities in coordination with BHDDH.

"Annie makes me feel comfortable and she makes me feel at ease. She has a heart!"

> Elizabeth, Child & Family Aging Well client

Through **The National Family Caregiver Program** (NFCG) Child & Family provides guidance, education, support, and connections to local programs and resources for caregivers who are caring for their friends and family members.

**Medicare Information And Awareness** (MIAA) is a coordinated program offering counseling, education, and assistance to empower individuals, their families and caregivers to informed health insurance decisions.

**Victim of Crime Assistance (VOCA)**: VOCA assists aging victims of crime in navigating the criminal justice system by providing support and guidance in managing concerns related to being a victim of a crime.

- Community-based case management was delivered to 605 aging adults to allow them to remain at home or in assisted living safely and independently
- In partnership with the Office of Healthy Aging, 798 aging adults received crisis stabilization services through the Adult Protective Services Program.
- Supported 49 aging adults who were victims of abuse, neglect, or fraud with support services funded through the Victims of Crime Act (VOCA) Program

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